SURVIVOR
Karen Stump
Melanoma
Age 59
Union, MI
Goshen Center for Cancer Care
Read Karen’s story at www.indianacancer.org

SUN SAFETY

Sun safety reduces the risks of getting skin cancer, the most common of all cancer types. More than 1 million skin cancers are diagnosed each year in the U.S. According to the American Cancer Society, the majority of skin cancers are caused by overexposure to the ultraviolet (UV) rays of the sun – which can cause damage to the DNA of skin cells. Children and adolescents in particular need to protect their skin from the sun, as it may reduce cancer risks later in life.

Objective 1: (Developmental) By 2011, establish ongoing assessments of sun exposure and sun protective behaviors.
Potential data source: Indiana Behavioral Risk Factor Surveillance System

- Add questions regarding sun safety behaviors to the Indiana Behavioral Risk Factor Surveillance System questionnaire
- Educate the public about the causes of skin cancer and methods of prevention
- Collaborate to provide free skin cancer screenings